Rainbow Mountain to Te Teko

- 0 From the corner of SH38 and Okaro Road, cross the highway with care and turn right, following the sign to Murupara. (4.7 km)
- 4.7 Turn left onto Rerewhakaaitu Road (5.3 km)
- 10.0 At Rerewhakaaitu Village, turn left (5.7 km)

Fill up your water bottles at the school; there's a tap on the side of the dental clinic building. Note that there is no water between Rerewhakaaitu and Te Teko, 60 kilometres away.

- 15.7 Keep going straight ahead onto Ngamotu Road (12.5 km)
- 28.2 When you reach a stop sign at a major intersection, keep going straight. (10.8 km)
- 39.0 At the T junction, turn left onto Pokairoa Road (14.0 km)
- 53.0 When you reach the tar seal, keep going straight ahead onto Galatea Road (4.3 km)
- 57.3 Turn left onto Tahuna Road (13.1 km)
- 70.4 This section finishes at Te Teko

Water is available at the tennis courts 500 metres to your left. The course continues down SH 30, heading right.